

The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. **NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately.**

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, contact the plan administrator. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at www.HealthReformPlanSBC.com or call 1-888-982-3862 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	Individual / Family by Network: Home Host In-network: \$0 / \$0 Regional In-network: \$0 / \$0 Out-of-network: \$750 / \$1,500	You must pay all costs up to the deductible amount before this plan begins to pay for covered services you use. Check your policy or plan document to see when the deductible starts over (usually, but not always, January 1st). See the chart starting on page 2 for how much you pay for covered services after you meet the deductible .
Are there services covered before you meet your deductible ?	Services subject to copays are covered prior to the deductible.	
Are there other deductibles for specific services?	No.	You must pay all of the costs for these services up to the specific deductible amount before this plan begins to pay for these services.
What is the out-of-pocket limit for this plan ?	Individual / Family by Network: Home Host In-network: None Regional In-network: \$1,500 / \$3,000 Out-of-network: \$5,000 / \$10,000	The out-of-pocket limit is the most you could pay during a coverage period (usually one year) for your share of the cost of covered services. This limit helps you plan for health care expenses. A combined out-of-pocket limit of \$6,850 individual/\$13,700 family applies for your 2019 cost sharing across in-network medical and Rx coverage.
What is not included in the out-of-pocket limit ?	Premiums, deductibles, copayments, balance-billed charges, penalties for failure to obtain pre-authorization, and care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit . However, for the combined out-of-pocket limit, in-network deductibles, in-network copays and any Rx copays or coinsurance are counted, in accordance with the Affordable Care Act.
Will you pay less if you use a network provider ?	Yes. For a list of in-network and designated providers , see www.Aetna.com or call 1-888-982-3862.	If you use an in-network doctor, designated specialist or other health care provider , this plan will pay some or all costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network provider for some services. Plans use the term in-network, preferred , or participating for providers in their network .
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without permission from this plan.



All [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$10 copay per visit	\$15 copay per visit	30% coinsurance	Teladoc® is also available 24/7 at a \$15 copay per visit.
	Specialist visit	\$10 copay per visit	\$30 copay per visit	30% coinsurance	Specialist visits include speech therapy, physical therapy, occupational therapy, and spinal therapy, but at the home host network, no charges apply.
	Preventive care/screening/Immunization	No charge	No charge	30% coinsurance for those services covered (subject to Limitations & Exceptions)	Out-Of-Network limited to \$100 per calendar year for routine Adult physical exam. No coverage for Out-Of-Network screenings other than mammogram. Certain other Women's Health Services only covered In-network. Age and frequency schedules apply.
If you have a test	Diagnostic test (x-ray, blood work)	No charge	\$15 copay per procedure	30% coinsurance	If procedure provided at physician's office as part of visit, no additional copays.
	Imaging (CT/PET scans, MRIs)	No charge	10% coinsurance	30% coinsurance	If procedure provided at physician's office as part of visit, no additional copays.
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.aetna.com/pharmacy-insurance/individuals-families	Generic drugs	Retail: \$5 copay per script Mail Order: \$0 copay per script		Not Covered	Retail scripts filled up to 30 day supply; by Mail order up to 90 days. Your plan has an annual out-of-pocket maximum of \$1,500 per person / \$3,000 per family. If you request brand-name when a generic is available, you pay the copay plus the price difference between generic and brand. After 3 fills of maintenance drugs at retail, you are required to fill a 90-day supply at Aetna Rx Home Delivery or a CVS pharmacy, or pay 50% coinsurance. This applies to women's contraceptives too.
	Brand drugs	Retail: 20% coinsurance (\$7 min per script) Mail Order: 15% (\$7 min per script)		Not Covered	
	Specialty drugs	Retail: 20% coinsurance (\$7 min) Mail Order: 15% coinsurance (\$7 min)		Not Covered	
	Women's Contraceptives (following U.S. Preventive Services Task Force)	Generic: No charge Brand Retail: 20% coinsurance (\$7 min) Brand Mail Order: 15% (\$7 min)		Not Covered	

[* For more information about limitations and exceptions, contact the plan administrator for a copy of the Summary Plan Description.]

Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	No charge	10% coinsurance	30% coinsurance	The members cost sharing applies to all covered benefits incurred during the outpatient visit.
	Physician/surgeon fees	No charge	10% coinsurance	30% coinsurance	The members cost sharing applies to all covered benefits incurred during the outpatient visit.
If you need immediate medical attention	Emergency room care	\$25 copay per visit	\$100 copay per visit	\$100 copay per visit	Non-emergency use applies 30% coinsurance.
	Emergency medical transportation	No charge	No charge	No charge	———— None ————
	Urgent care	\$10 copay per visit	\$40 copay per visit	30% coinsurance	———— None ————
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	10% coinsurance	30% coinsurance	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
	Physician/surgeon fees	No charge	10% coinsurance	30% coinsurance	———— None ————
If you need mental health, behavioral health, or substance abuse services	Outpatient Services	No charge	\$30 copay per visit	30% coinsurance	———— None ————
	Inpatient Services	No charge	10% coinsurance	30% coinsurance	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
If you are pregnant	Office visits	\$10 copay; No charge preventive care	\$30 copay; No charge preventive care	30% coinsurance	Cost sharing does not apply to certain preventive services if home host or in-network. If other outpatient services are needed, coinsurance or copay may apply.
	Childbirth/delivery professional services	\$10 copay; No charge for preventive care	\$30 copay; No charge for preventive care.	30% coinsurance	
	Childbirth/delivery facility services	No charge	10% coinsurance	30% coinsurance	Coinsurance for hospital is separate and additional.

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Common Medical Event	Services You May Need	What You Will Pay			Limitations, Exceptions, & Other Important Information
		Primary/Home Host Designated Provider (You will pay the least)	Regional In-Network Provider	Out-of-Network Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	No charge	10% coinsurance	30% coinsurance	Pre-authorization is required for out-of-network care. Limited to 100 visits per calendar year.
	Rehabilitation services	No charge	\$30 copay per visit	30% coinsurance	Coverage is limited to 60 visits per calendar year for physical, occupational, speech, and chiropractic services related to medical impairment being treated.
	Habilitation services	Not covered	Not covered	Not covered	————— None —————
	Skilled nursing care	No charge	10% coinsurance	30% coinsurance	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained. If Medicare is primary, coverage is not available even if Medicare benefits are exhausted.
	Durable medical equipment	No charge	10% coinsurance	30% coinsurance	————— None —————
	Hospice services	No charge	10% coinsurance	30% coinsurance	Pre-authorization is required for out-of-network care. Benefits will be reduced by \$200 if pre-authorization is not obtained.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	Not covered	Not covered
	Children's glasses	Not covered	Not covered	Not covered	Not covered
	Children's dental check-up	Not covered	Not covered	Not covered	Not covered

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Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services .)		
• Acupuncture	• Long-term care	• Routine foot care, shoes, orthotics
• Cosmetic surgery	• Non-emergency care when traveling outside the U.S.	• Weight loss programs
• Dental care (Adult & Child)	• Routine eye care (Adult) & glasses (Child)	• Out-of-network services with Cancer Centers of America
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)		
• Bariatric Services subject to Aetna Clinical Management Guidelines	• Hearing aid reimbursement limited to \$150 every 36 months	• Private-duty nursing
• Chiropractic care combined with short term rehabilitation	• Infertility Treatment - Diagnosis & Treatment of underlying medical condition. Also includes Artificial Insemination, Ovulation Induction, and Advanced Reproductive Technology	

Your Rights to Continue Coverage: If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a premium, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply. For more information on your rights to continue coverage, contact the plan at 1-800-872-3862. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or www.cciio.cms.gov.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? **Yes**

If you don't have [Minimum Essential Coverage](#) for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? **Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al 1-888-982-3862.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-888-982-3862.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-888-982-3862.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-888-982-3862.]

_____ *To see examples of how this plan might cover costs for a sample medical situation, see the next section.* _____

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your [providers](#) charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and [excluded services](#) under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery at Regional In-Network)

■ The <u>plan's overall deductible</u>	\$0
■ <u>Specialist copay</u>	\$30
■ Hospital (facility) <i>coinsurance</i>	10%
■ Other <i>copay</i>	None

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,800
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In this example, Peg would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$50
Coinsurance	\$900
<i>What isn't covered</i>	
Limits or exclusions	\$60
The total Peg would pay is	\$1,010

Managing Joe's type 2 Diabetes (a year

of routine in-network care of a well- controlled condition within Home Host network)

■ The <u>plan's overall deductible</u>	\$0
■ <u>Specialist copay</u>	\$10
■ Hospital (facility) <i>coinsurance</i>	0%
■ Other <i>copay</i>	\$15

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$255
Coinsurance	\$700
<i>What isn't covered</i>	
Limits or exclusions	\$55
The total Joe would pay is	\$1,010

Mia's Simple Fracture

(in-network emergency room visit and follow up care within Home Host network)

■ The <u>plan's overall deductible</u>	\$0
■ <u>Specialist copay</u>	\$10
■ Hospital (ER facility) <i>copay</i>	\$25
■ Other <i>copay</i>	None

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,900
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In this example, Mia would pay:

<i>Cost Sharing</i>	
Deductibles	\$0
Copayments	\$55
Coinsurance	\$0
<i>What isn't covered</i>	
Limits or exclusions	\$0
The total Mia would pay is	\$55